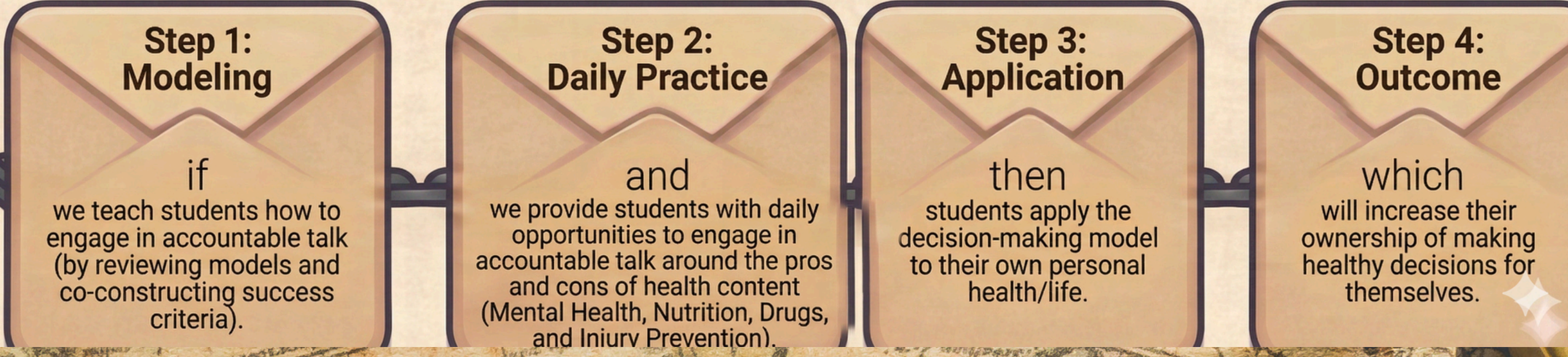


Inquiry Question & Theory of Action



Inquiry Escape: Unlocking Student Ownership of Health
 How can we use Accountable Talk to improve student ownership of healthy personal decision-making?

Theory of Action



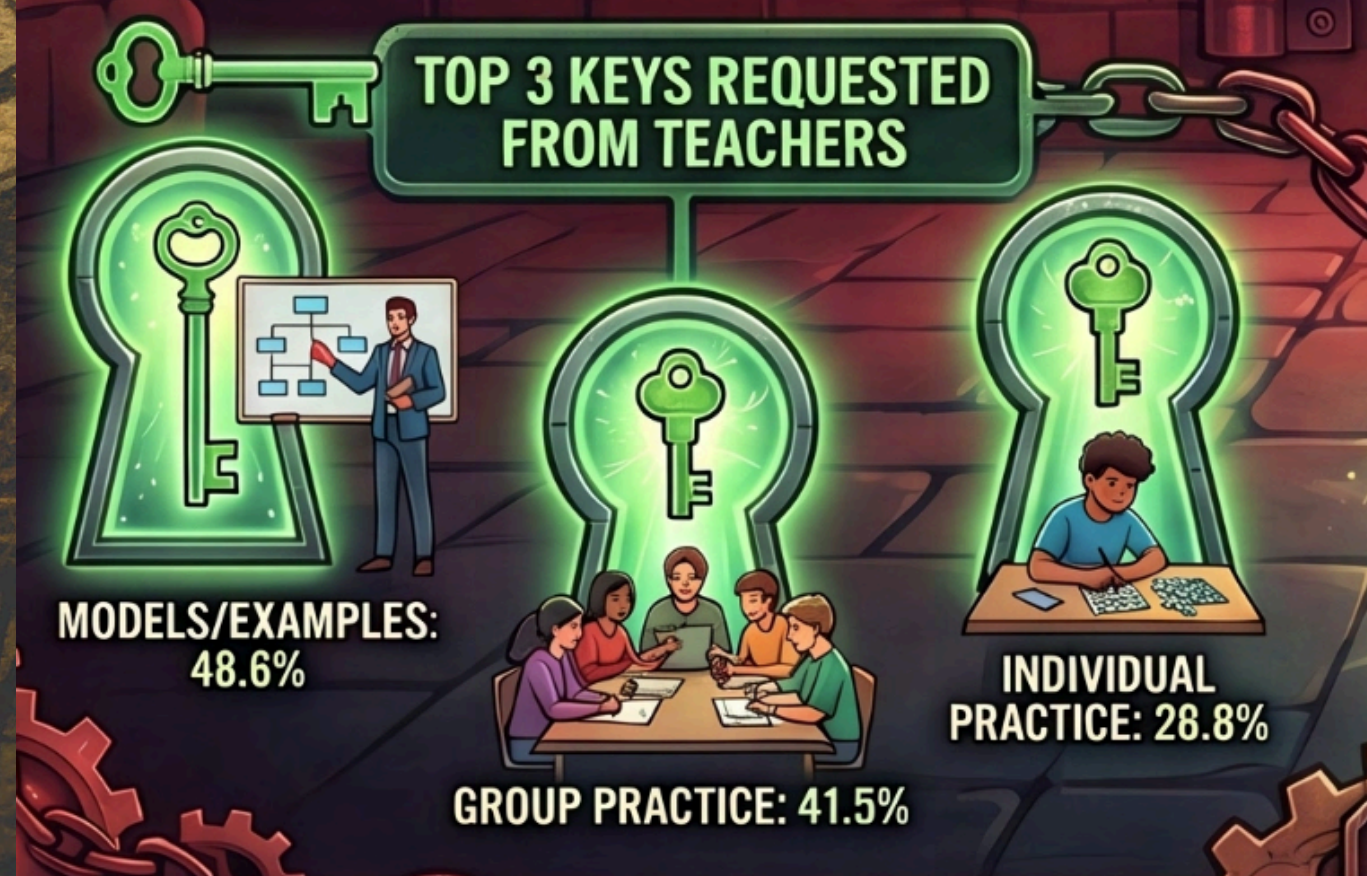
Actions Taken

- 4** **Healthy Decision Lessons:** Targeted instruction on identifying problems and evaluating alternatives using the Decision-Making Tree.
- 4** **Data-Gathering Rounds:** Continuous monitoring of student progress through surveys, video recordings, and work samples.
- 2** **Major Rubric Revisions:** Refining success criteria to emphasize "in your own words" responses and future-focused recommendations.

Student Voice

BEFORE: JANUARY

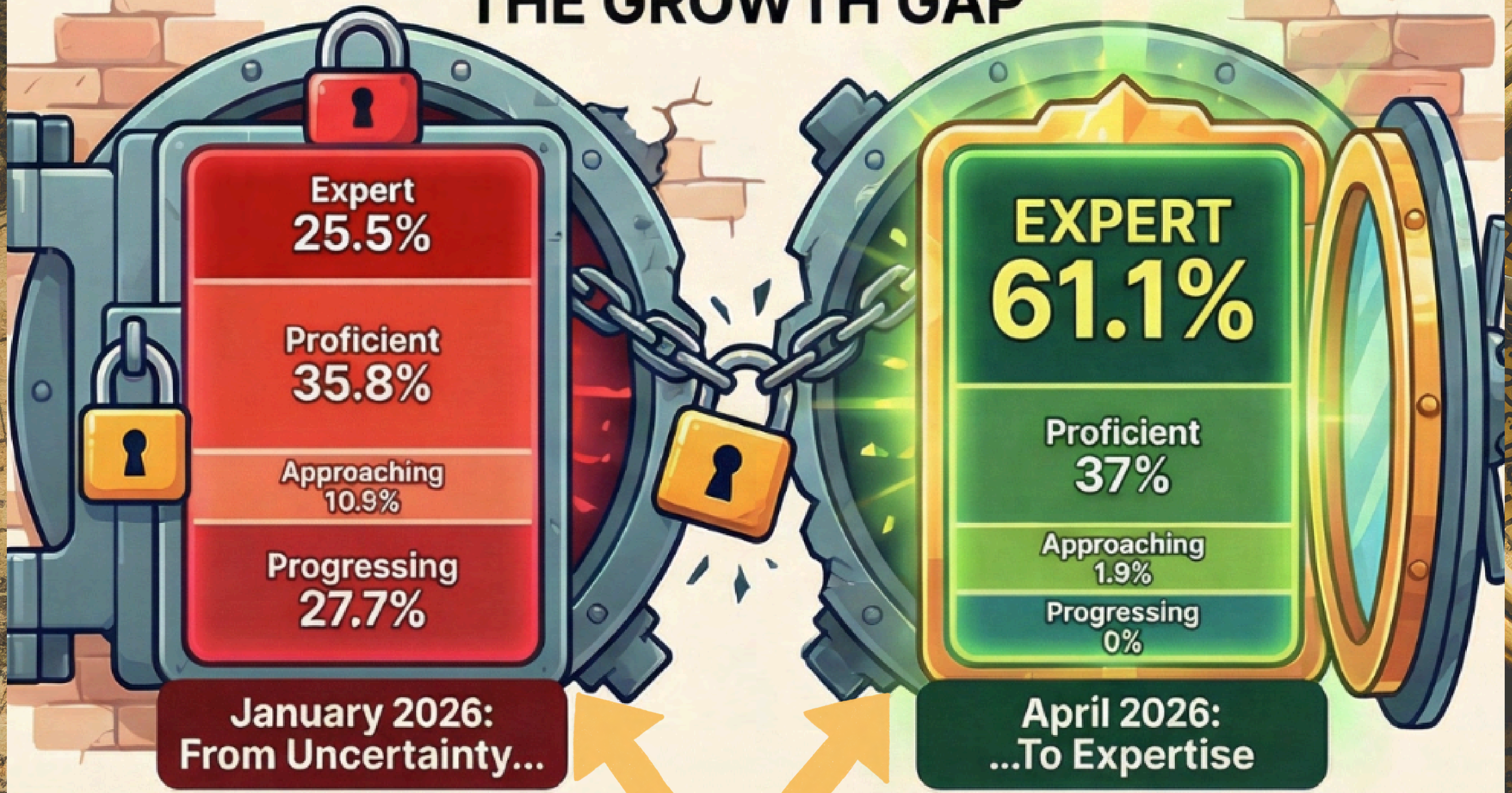
BOOSTING STUDENT CONFIDENCE Avg: 7.71 (out of 10)	INCREASED LIKELIHOOD OF HEALTHY CHOICES Avg: 3.86
SKYROCKETING MASTERY 	BEFORE INSTRUCTION DATA Highly Likely to Decide Healthy (Level S): 22.5% (70 students) Extremely Confident (Level Y8): 15.5% (53 students) Mastery Level (Expert Proficiency): 25.3% of class



AFTER: APRIL

BOOSTING STUDENT CONFIDENCE Avg: 8.51 (out of 10)	INCREASED LIKELIHOOD OF HEALTHY CHOICES Avg: 4.27
SKYROCKETING MASTERY 	AFTER INSTRUCTION DATA Highly Likely to Decide Healthy (Level S): 43.5% (140 students) Extremely Confident (Level Y8): 30.3% (103 students) Mastery Level (Expert Proficiency): 61.1% of class

THE GROWTH GAP



Performance Charts

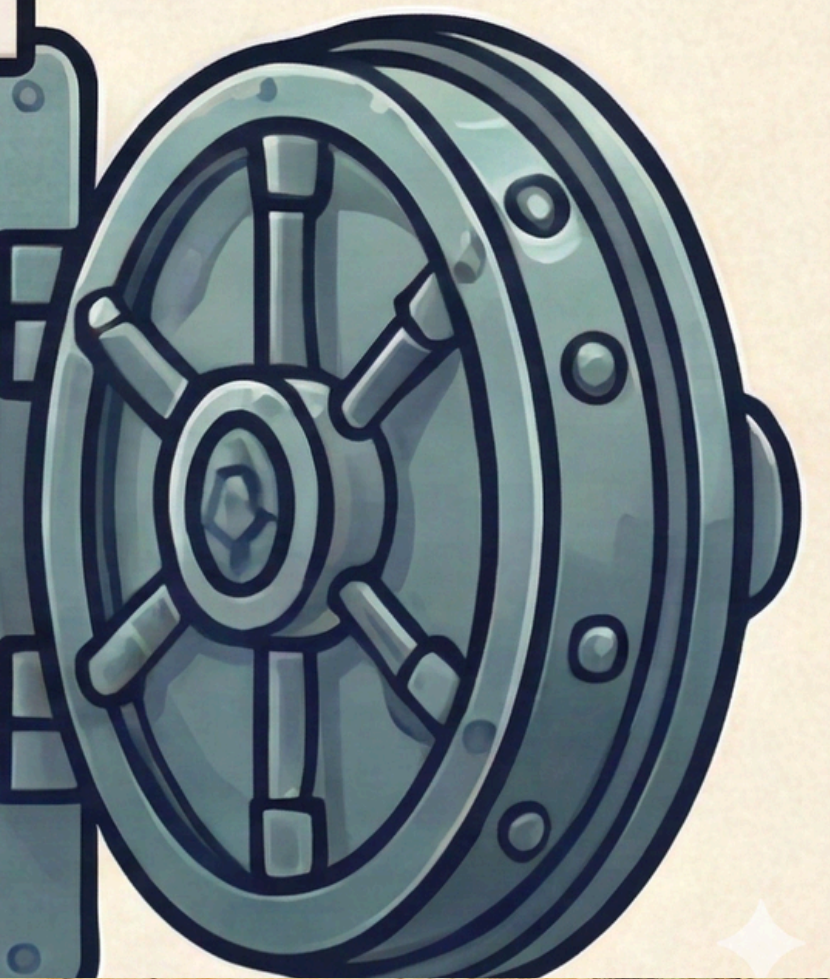
THE ESCAPE RESULT



98.1%

ACHIEVE MASTERY

By April, nearly all students performed at a **Proficient** or **Expert** level, successfully “escaping” poor decision-making habits.



Theory of Action & Result Reflection

How can we use **Accountable Talk** to improve student ownership of healthy personal decision-making?



Personal Reflection: Unlocking Student of Health

Accountable Talk isn't just a classroom tool—it's the literacy of **survival**. When students have the words to discuss their health, they finally have the **power** to protect it. Our inquiry proves that the best decision a teacher can make is to let the students do the **talking**.

